



KEEPING IT
KIND

Creating positive interactions

Learn to manage conflict and maintain positive interactions with your coworkers.

Your Employee Support Program can help with:

- Articles on conflict resolution, anger management, and bullies
- Audio on listening tips
- Skill builder trainings on Effective Communication and Conflict Resolution
- Information about mediation

CALL OR VISIT US ONLINE

TOLL-FREE: **800-634-7710**

www.team-mn.com

Click on Services

Click on link: Work-Life Support Options

Click on link: Work-Life Online Resources

PASSWORD: **teameap**



Available anytime, any day, your TEAM Employee Support Program is a free, confidential program to help you balance your work, family, and personal life.